



CIT INTERNATIONAL'S BEST PRACTICE GUIDE FOR IMPLEMENTING CIT

“Widespread crisis intervention strategies and techniques are critical to addressing rising rates of overdoses and suicides that continue to devastate families nationwide. Now, more than ever, we have to break the all-too common cycle of sending those with mental health and substance use disorders through the criminal justice system. This guidebook is an essential resource for communities to do their part.”

— **Patrick J. Kennedy**, Former U.S. Representative and Founder of The Kennedy Forum, Rhode Island

CIT International is proud to share *Crisis Intervention Team (CIT) Programs: A Best Practice Guide for Transforming Community Responses to Mental Health Crises*, the first comprehensive guide for communities to implement best practices for starting and sustaining CIT programs. The guide helps readers understand best practices for crisis response systems, including the mental health services necessary for a quality crisis response. It also addresses how to improve communication, reduce trauma, and keep people in crisis out of the justice system as much as possible.

Practical Guidance for Every Step

The guide includes best practices and practical guidance on:

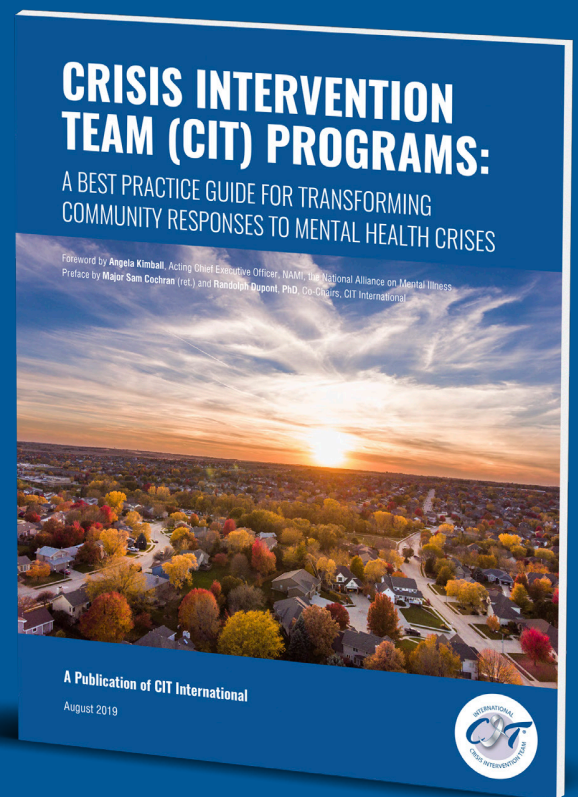
- Building partnerships,
- Engaging and getting support from leaders,
- Understanding and improving your crisis response system,
- Building the infrastructure for a CIT program, including identifying coordinators and organizing data collection,
- The ins and outs of CIT officer training, and
- How to sustain and grow your program.

Tools and Templates

Developed with expert advice from CIT leaders across the country, the guide includes:

- Case studies from successful CIT programs,
- Worksheets to help identify partners and facilitate challenging conversations,
- Checklists to help you manage logistics, and
- Sample policies and talking points.

Download for free or order your hard copy at: <https://www.citinternational.org/bestpracticeguide>



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