

## Crisis Intervention Team Program History

Communities large and small are seeking answers to managing crisis issues and crisis services. When changes are mandated, community collaborations and partnerships are the key. Advocates have long asserted that law enforcement personnel do not receive adequate mental health training, resulting in ineffective and sometimes fatal encounters or outcomes. In 1988, Memphis introduced the first crisis intervention team as a component to the community's demand for safer, first-responder crisis services. CIT partnerships led to changes in existing systems and stimulated the development of new infrastructures for services. Suicide attempts and mental health crisis concerns are recognized as a priority. Crises are about people, about our community, our families, our friends, and our loved ones. CIT is founded on principles of dignity, understanding, kindness, hope and dedication.

**Major Sam Cochran, Ret.**



## ***CIT International Statement of Purpose***

CIT International is a non-profit membership organization whose primary purpose is to facilitate understanding, development and implementation of Crisis Intervention Team CIT training programs throughout the U.S. and in other nations worldwide in order to promote and support collaborative efforts to create and sustain more effective interactions among law enforcement, mental health care providers, individuals with mental illness, their families and communities and to reduce the stigma of mental illness. CIT International works to accomplish this purpose by raising public and stakeholder awareness through education and outreach, establishing and disseminating recommended standards for developing, implementing and sustaining crisis intervention programs, providing assistance to communities interested in developing CIT programs, supporting research and evaluation of CIT programs and partnering with CIT programs in various localities to hold annual CIT International Conferences.

**Crisis  
Intervention Team  
("CIT") Programs  
help people with  
mental illness  
cope and**



**Law Enforcement,  
Mental Healthcare  
Professionals and  
mental health  
advocates  
partnering for a safer  
and healthier  
community**

**Over 1,000 programs  
now in operation—  
Worldwide**

Visit, join and donate on  
our website at  
[www.citinternational.org](http://www.citinternational.org)

## CIT-Who We Are

The Crisis Intervention Team (CIT) program is a community partnership of law enforcement, mental health professionals, mental health consumers and their families. The goal of the program is to help persons with mental disorders access medical treatment rather than place them in the criminal justice system due to illness-related behaviors.

## CIT-Core Elements

The core elements of the Memphis Model of CIT police training include: 40-hours of in-classroom training of law enforcement officers who volunteer for this program; training on mental health signs and symptoms, appropriate medications and their side effects, a tour of local mental health facilities, use of verbal de-escalation techniques, active listening skills and improved police tactics using safe restraint techniques that result in reduced use of force.

**Contact: Lt. Michael S. Woody  
Ret.  
President and Founding  
CIT International Member**

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# CIT International MEMBERSHIP BENEFITS

## Current Paid Up Membership in CIT I Includes:

- A CITI annual membership card
- A 'CITI Member' pin presented at next CITI conference
- Discount on future CITI Annual Conference Registration Fees for Paid Up Members at time of conference registration
- Quarterly CITI newsletter
- Agency/organization/corporate membership will include a certification stating "CIT International Member-since" statement
- Access to CIT I Member Website and blog sites
- Inclusion on the mailing list for routine correspondence from the CIT International Board of Directors on policies and procedures that relate to establishing, maintaining and revising CIT programs around the world

## CIT International, Inc. Please Join Today Membership Dues Structure

Sign up for:	Amount
<input type="checkbox"/> Annual Regular Member	\$25.00
<input type="checkbox"/> Annual Non-profit Member	\$100.00
<input type="checkbox"/> Annual Corporate Member	\$200.00
<input type="checkbox"/> Lifetime CIT Member	\$450.00
<input type="checkbox"/> Donation Amount	_____
<b>Total:</b> _____	

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**Please make checks payable to:**

**CIT International, Inc.  
c/o William Lange, Treasurer  
P. O. Box 371  
Summit, Illinois 60501**

**THE FAMILY OF CIT THANKS YOU!**

**Visit, join or donate  
on our website at  
[www.citinternational.org](http://www.citinternational.org)**