

CIT Core Elements Revisited:

Why Mandating CIT Training May Not Be Optimal

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Overview

- Review of Core Elements of the CIT Model
- Summary of Research Evidence
- Variations in Implementation of the Model
- Agencies that have moved to mandating CIT training
- Why mandating CIT may not be optimal
- Other options

Crisis Intervention Team Core Elements

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² Ms. Pillsbury is currently with the U.S. Department of Justice Federal Bureau of Investigation (FBI).



CIT Core Elements

Download from CITInternational.org

Core Elements of the CIT Model

“More than just training”



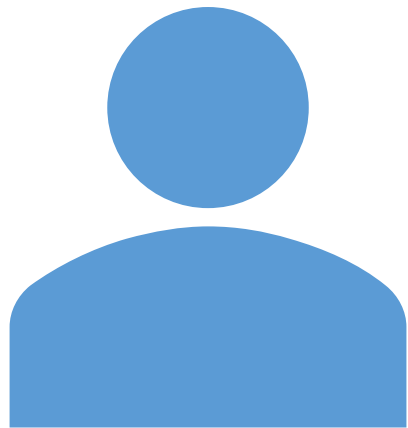
Ongoing Elements	Partnerships: Law Enforcement, Advocacy, Mental Health Community Ownership: Planning, Implementation & Networking Policies and Procedures
Operational Elements	CIT: Officer, Dispatcher, Coordinator Curriculum: CIT Training Mental Health Receiving Facility: Emergency Services
Sustaining Elements	Evaluation and Research In-Service Training Recognition and Honors Outreach: Developing CIT in Other Communities



Ongoing Elements

- Partnerships: Law Enforcement, Advocacy, Mental Health
- Community Ownership: Planning, Implementation & Networking
- Policies and Procedures





Operational Elements

- CIT: Officer, Dispatcher, Coordinator
- Curriculum: CIT Training
- Mental Health Receiving Facility: Emergency Services



Sustaining Elements

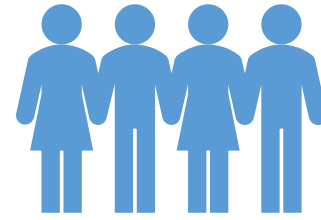
Evaluation and Research

In-Service Training

Recognition and Honors

Outreach: Developing CIT in
Other Communities

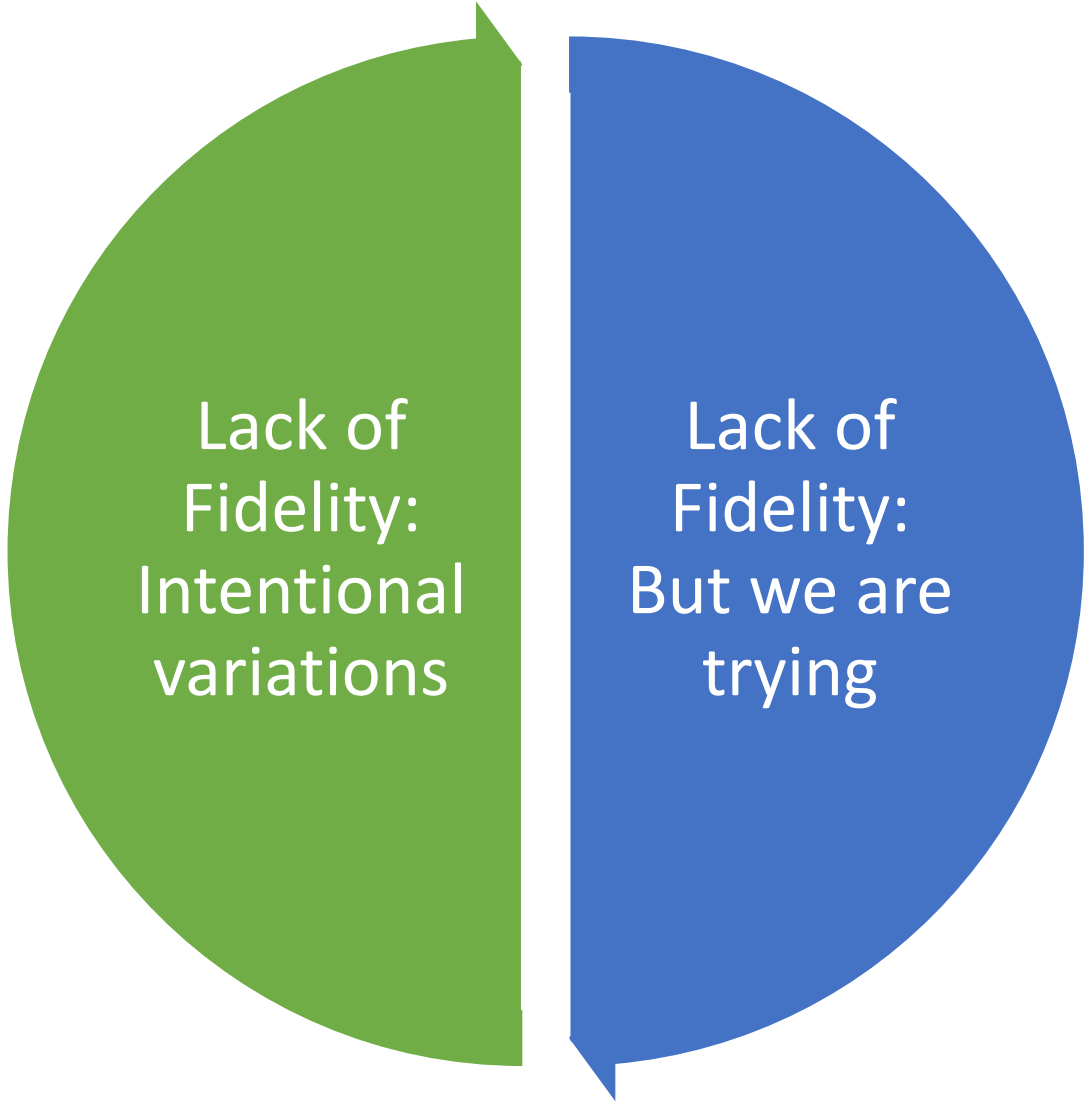
The Crisis Intervention Team Model: Evidence



- CIT improves officer knowledge, attitudes, and confidence in responding safely and effectively to mental health crisis calls
- CIT increases linkages to services for persons with mental illnesses
- CIT reduce use of force with more resistant subjects
- Findings related to diversion from arrest vary
- **Effects are strongest when CIT follows volunteer specialist model**
- Some agencies that have moved from the specialist model to mandating CIT training for all have not had good results
- CIT programs are well suited to support implementation of ISMICC recommendations.



Variations in Implementation of the CIT Model



Lack of
Fidelity:
Intentional
variations

Lack of
Fidelity:
But we are
trying

Intentional Variations:
If it is great training,
shouldn't we provide it
for every officer?

CIT programs that have moved
to train-all approach



Why doesn't
train all
always work?

Changes the nature of the training
experience

All officers are not cut out to be CIT
officers

Loss of the Specialist Identity

If everyone is responsible-no one is

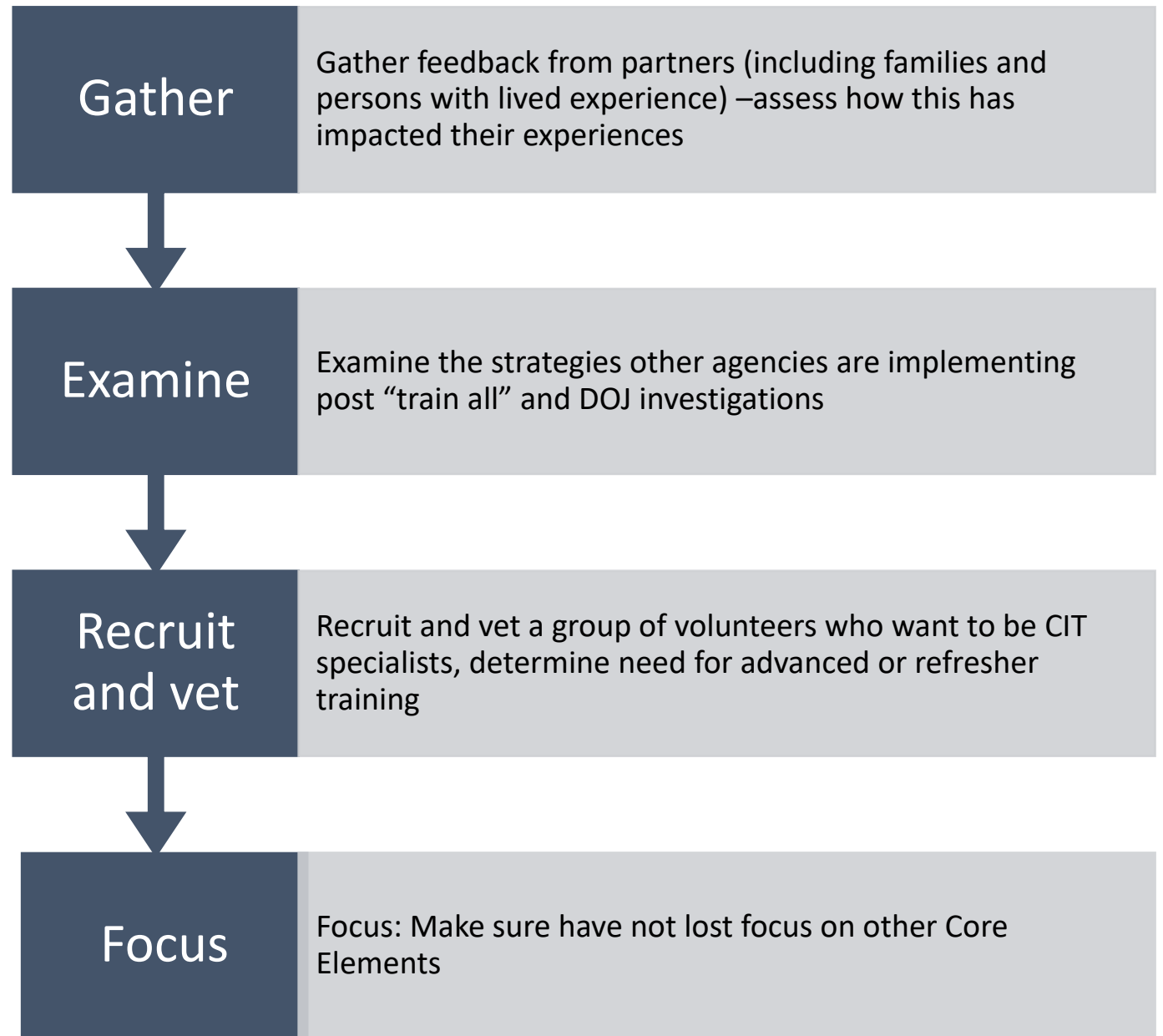
Once the box is checked, easy to lose focus
on sustaining partnerships



What can we do instead if we want to make sure every officer is prepared?

- On-going basic MH awareness and de-escalation training for all sworn personnel
 - OneMind Campaign supports MHFA-PS or equivalent
 - Agencies are developing their own 8-16 hour trainings
 - Currently, we do not have any data to guide selection of training options

All our
officers are
CIT
trained...now
what?





Questions?

