Moving Forward Without Federal Monies: Lessons Learned From College Towns

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Agenda

- Where the heck are DeKalb, IL and Norman, OK?
- Law & Policy
- Project Descriptions
- Communication & Collaboration
- Data Collection
- Funding Discussion
- Final Thoughts
The City of DeKalb is located 60 miles west of Chicago.

- The population of the city itself is 44,000.
- DeKalb is also home to Northern Illinois University which adds about 18,000 students to the population.
- Challenged by poverty & crime typically associated with larger urban areas
  - Approx. 32% of DeKalb residents live in poverty (Census.gov)
  - The median household income in DeKalb County is $40,858, far below IL median. Household income of $60,960. 49% of households below $35,000
Every state has different laws about voluntary/involuntary commitment.

- In Illinois:
  - A petition for involuntary admission on an inpatient basis must be:
    - Completed, signed/dated, made by person over 18, given to a facility director of the MH facility where the respondent resides/is present, filed with the court, together with a qualified examiner, proof of service & 2nd certification, within 24 hours of admission.
    - Petition must include
      - Assertion that respondent meets criteria, detailed statement, signs & symptoms of mental illness, descriptions of acts, name of decision maker, petitioner's relationship to respondent with statement to legal/financial interest, witness information, peace officer name and badge number, statements about good faith attempts regarding Power of Attorney.

In addition to & within 24 hours of filing petition, respondent must be examined by a qualified examiner (physician, psychiatrist, clinical psychologist). Must complete a certificate stating respondent was examined and setting forth assessment, certificate must be filed with petition.

After petition & certificate are filed with court, an initial determination is made determine whether to involuntarily commit prospective patient. If committed, hearing date with 5 days to determine further detention.
DeKalb’s Project

- Applied for and received $75,000 Police-Mental Health Collaboration Grant.

- Used grant initiative to accomplish the following activities:
  - Identify and establish stakeholder team.
  - Receive training from the Department of Justice – Bureau of Justice Assistance.
  - Hire a temporary employee (Steve Baker) to facilitate the grant and related research.
  - Contract with Northern Illinois University to conduct research into the scope of the problem, existing community resources, and strategies for filling in the gaps.
  - Attend the national CIT conference and visit police agencies with longstanding mental health grant programs.

- DeKalb applied for the three-year $750,000 implementation grant but did not receive an award.
Norman, OK

- The City of Norman is just south of Oklahoma City, OK
  - Population 123,471 (2018 US Census estimate)
  - Home to the University of Oklahoma (enrollment 28,507)
  - County seat of Cleveland County
  - Third largest city in Oklahoma
  - 198 square miles

- Norman Police Department
  - 171 commissioned officers
  - 66 noncommissioned employees
  - 46 CIT Officers

- University of Oklahoma Police (OUPD)
  - 39 commissioned officers
  - 13 CIT officers
• Oklahoma Mental Health Law, Oklahoma Statutes Title 43A
• ODMHSAS is proponent agency for CIT training
  • CIT training team is made up of officers throughout the state provided by agencies. ODMHSAS provides a coordinator.
• Each department coordinates their own CIT program
• Partnerships with courts
  • Drug Court
  • Mental Health Court
  • Misdemeanor Recovery Court
• Local partnerships
  • Cleveland County Mental Health Task Force
  • Cleveland County Continuum of Care (CoC)
Norman’s CIT Project

Norman CIT – Started in 2004
In 2018, Norman PD did 1,385 involuntary mental health transports
The Department host an annual CIT school for those agencies in the Oklahoma City metro area (Non-grant)
Provides two instructors to the ODMHSAS training team that trains CIT officers all over Oklahoma (rural and metro)
Representation on the treatment courts in Cleveland County; works with the Cleveland County Mental Health Task Force
Working on adult Mobile Response Team
OUPD University Behavioral Intervention Team (BIT) to identify issues with the student population and provide services in a timely manner
Communication & Collaboration

- How to get Stakeholders to the Table
  - Characteristics of a successful stakeholder’s group
    - Who needs to be at the table?
    - Who haven’t you thought of?
  - Getting Buy-in from the top down & bottom up
  - How to engage the College/University stakeholders
    - Services and resources
    - Counteracting the silo effect
    - Building on common issues (poverty, crime, drug marketing)
Communication & Collaboration

- How to get everyone talking and on the same page?
  - What is the problem and what is the mission?
    - Getting consensus and common goals
  - Important to spread the word about project
  - How to avoid “herding cats”
  - Maintaining on-going communication
  - HIPAA & Confidentiality
    - Legal aspects of confidentiality
    - Use of universal release forms
    - Use of shared software systems
Communication & Collaboration

What does success look like?
Data Collection

The Many Facets of Solid Data
- What data is readily available
- Does the data match the idea
- Presentation: Graphics do it better
- Students can be good at data gathering
- Look beyond the expected: That Econ Major was pretty good at data!
Funding Discussion

- Alternative Funding Models
  - Partnerships & Collaborations
  - University Resources
  - Community Foundations
  - Mental Health Boards & other Local Government Funders
  - Private Foundations
  - Local Fundraising for Specific Projects
Take Aways

- Successes and a few teachable moments (setbacks)
  - What has worked well
    - Collaborations and Partnerships – more than we anticipated
    - Mental Health Board Priority lead to funding an embedded Social Worker from a local provider with the Police Department.
    - In Illinois, State Training board can provide/host CIT courses at little to no cost.
    - Information sharing among agencies through MOUS, universal release forms and understanding of law enforcement/community needs.
Take Aways

- Teachable moments (setbacks)
  - Competing priorities
  - Changes in key stakeholders
  - Keeping on track with so many goals

**THE PROCESS ALONE IS WORTH IT – THE JUICE IS WORTH THE SQUEEZE**
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