

"I am former law enforcement, so I've seen some things in my day, but it's nothing like seeing your daughter laying there," Matt Dorgan said as he clenched his hands together.

Matt's story about his 15-year-old daughter can be hard to hear, however, it's one that's become all too common.

Matt lost his 15 year old daughter December 3, 2020 to suicide and it has sparked him into advocacy to build the bridge between people that need help and that can give help and to break the stigma and let people know they matter.

Come hear the tragic story of his loss and how he has turned this tragedy into action to help others and to raise awareness related to youth mental health issues and encouraging families to be open to talking with their kids about mental health.



Matt Dorgan, Father

Matt Dorgan is...

